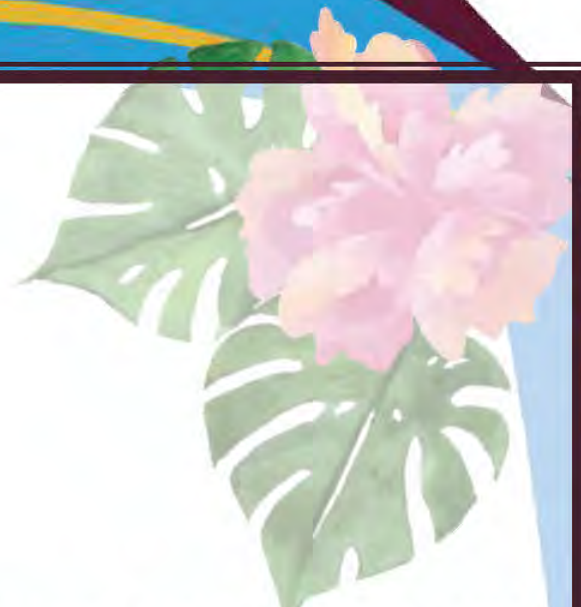
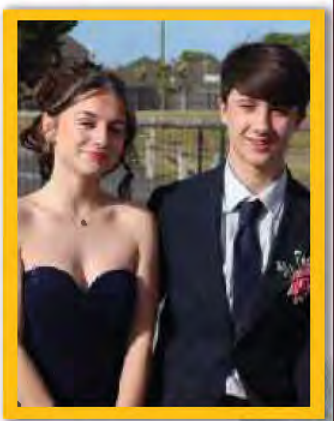


Southport
Learning
Trust



RANGE HIGH SCHOOL & SIXTH FORM NEWSLETTER

Issue 30 – Summer Term 2024





Dear All,

It is hard to believe that we are once again at the end of another academic year. Perhaps it is my age but time seems to go faster the older one gets! I was so proud to see our Y11 cohort in all of their finery at their recent prom at Aintree. They were in Y7 when I first came to the school and they have now completed their GCSE exams and are rapidly becoming fine, young adults ready to make their way in the world. Similarly, chatting with the Y13 students at their prom, it reminded me that we, as teachers and support staff, are in a privileged position to be working with such articulate, determined and caring young people. I wish all of them every success as they approach the next exciting chapter in their lives and of course, we all have everything crossed that they have all done themselves justice in the examinations. Results Days are A-Level: 15th August and GCSE: 22nd August. Mrs Phillips/Mr Tees will be in touch with further details of the actual days.

I am delighted to let you know, that following consultation and the relevant processes, Range High will formally join the Southport Learning Trust from the 1st of September. We will become a member of a much larger family of schools allowing us better access to improved financial opportunities, enhanced professional development and networking for staff as well as even more extra-curricular provision and partnership working for our students. As stated in the consultation, Range will continue to be Range, we will not lose anything of our identity, and our uniform will stay as it is but I am confident, as are the governors, that being part of a strong Trust will be a real boost in our continued journey of improvement in everything that we do. Please get in touch if you have any further questions and you can find out more about our new Trust by visiting: [Southport Learning Trust](#).

As it is the end of the year, it is, as usual, time to wish some colleagues well as they leave us for new pursuits. Mrs Grace, our Head of Drama is taking early retirement; Mr Stalker, Head of French, is taking up a promoted post at another school. Miss Duggan in MFL is also leaving us for a post closer to home and Mr Agwae in Science has secured a permanent post in another secondary school. Mrs Gordon and Mrs Philliskirk in the Finance Department are also retiring. I know you will join me in thanking all of these colleagues for their considerable contribution to Range over many years. We also welcome Mrs McCormack to Science, Mrs Green as our new Head of French and Miss Wright to our History department. Good luck to all of them in their new roles.

I hope you enjoy reading through this edition of the newsletter. It is once again packed full of interesting articles and stories highlighting many of the extra-curricular pursuits of our students and staff. Well done to all of them for 'rolling up their sleeves' and getting involved in such an array of activities.

You will also read about the new rules that come into force in the summer regarding School attendance. Please read through this guidance from the DfE and be aware that the rules governing holidays, LA fines etc... are much more stringent moving forward. For the vast majority of our students, attendance is strong but please support us in making this better for everyone by following the new rules and doing everything you can to ensure your child is here every day, on time and ready to learn. Similarly, Mrs Ashworth has written to you separately regarding the uniform and our expectations. Please ensure you follow this guidance as well- particularly around school shoes. Again, any questions, please get in touch with your child's Head of Year in the first instance.

Thank you to all of you for your continued support of the school. Working in partnership is the only way we can ensure that everyone achieves to the very best of their ability.

I wish all of you a very happy Summer holiday. Inside, there are great hints and tips to support young people regarding their well-being and keeping safe. Please encourage them to read through these sections and to take the advice on board.

I will be in touch nearer the time regarding the start of the new academic year.

With very best wishes,

Mr McGarry
Headteacher

Year 7 - First Year of High School

As we reach the end of this academic year, we want to take a moment to reflect on all that you have achieved and experienced during your first year at Range High School. Starting a new school is never easy, and you have shown resilience, curiosity, and a willingness to embrace new opportunities.

Despite challenges, you have demonstrated strength and adaptability. Our Year 7 group has been active and engaged in a variety of initiatives and activities, showing generosity and sporting successes. To cap off the year, our end-of-year trip to Jump Inc. was a fun and fitting celebration of all your hard work and achievements. We encourage you to relax and recharge over the summer break and reflect on your accomplishments. When you return in September as Year 8 pupils, we are confident that you will continue to grow, both academically and personally. Remember to support one another and never be afraid to ask for help when you need it.

- Miss Singleton and Ms. McCarthy



Year 8 - Moving up

We have finally come to the end of Year 8. Our students have contributed to school life on many occasions this year and enjoyed many successes. During this half term, Year 8s enjoyed a trip to Quarry Bank Mill to support their History lessons. We have also seen our students take part in the annual Wally Cain Dance Festival at Southport and some of our Year 8s travelled to Germany with the school choir. Great experiences enjoyed by all! Our end-of-year rewards trip this year is to Kingpin Manchester, a nice way to end the school year!

Congratulations to all the students who won certificates at our end-of-year rewards Assembly. The awards were given for attainment and effort in all subjects. Again there was our usual tutor and attendance award. Well done to all students who were 95% and above for attendance and an amazing well done to students who were 100% for the school year. May I also take this opportunity to say thank you to our Year 8 Students and parents for your support and dedication over the last 2 years. Mrs Gallagher and I now pass them on to the trusted hands of Mr Jump and Mrs Lawrence, who will guide them to their GCSEs. I wish them every success for the future and our door is always open if they want to pop for a chat.

- Mr Rudd and Mrs Gallagher



Year 9 - What a team!

Year 9 has shown commendable behaviour and effort in assessments. They've received feedback to identify areas for improvement as they move towards GCSEs. As part of our strategies to develop as a collective whole we have had many interventions to help and support our young people to become the best version of themselves. Our students have embraced programs like LFC and received fantastic feedback for their engagement. In addition to this we have had workshops focusing on aspects of behaviour and vocabulary that we have wanted to challenge and have been very impressed at how flexible and articulate our young people are. Thank you to Ms Templeton for all of her efforts! Lastly, thank you to our tutors for all of their support every single day. They are integral to shaping, supporting and guiding our young people to make the right decisions and being outstanding in all aspects of their lives.

- Mrs Plumbley & Mr Duddridge

Year 10 - Ready for the Challenges Ahead!

As we wrap up another great school year, let's take a moment to celebrate our Year 10 students who have now reached the top of the school ladder. This year has been a journey of growth and achievement for them in so many ways. Academically, Year 10 has shown impressive progress in their GCSE journey, really stepping up to the challenges and laying a solid foundation for the future with their recent mocks. Their hard work and dedication haven't gone unnoticed.

In sports and extracurricular activities, Year 10 has excelled, bringing home victories and showcasing their talents on and off the field. They've set a high bar for sportsmanship and teamwork that others look up to. As they enter their final year of school, both myself and Mr Wilson will be there every step of the way, offering guidance and support. We want to make their last year memorable and successful. Enjoy the well-deserved summer holidays, recharge, and come back refreshed for Year 11 and the challenges of GCSEs ahead!

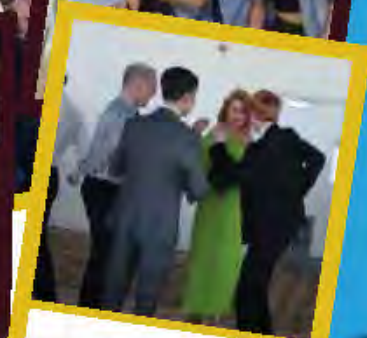
- Mrs Wilson & Mr Wilson



Year 11 - Goodbye and Good luck

At Aintree Racecourse, our Year 11 students gathered to celebrate their prom night. It was a heartwarming sight to see them all glammed up and smiling, enjoying themselves to the fullest. The dance floor was alive with energy as they boogied the night away, creating memories that will last a lifetime. Over the past three years, we have had the pleasure of watching these young individuals grow and evolve. Their journey has been filled with challenges and triumphs, and it has been an honour to get to know each and every one of them. From the classroom to the dance floor, their determination and spirit have always shone through.. Your journey is just beginning, and we are confident that you will accomplish great things. Congratulations to our Year 11 students on this milestone, and may your paths ahead be filled with success and happiness.

- Mr Jump & Ms Lawrence



Student Achievements

Royal Air Force Cadets' D-Day Remembrance Tour: Harry Morrison, Matthew Mckee, Harry Rankine and Bailey Evans

Our students who are in the Royal Air Force Cadets embarked on a significant tour to Normandy in June 2024, retracing the steps of the Allied forces during D-Day. This two-week trip, filled with historical site visits and reflective activities, aimed to immerse the cadets in the rich history of World War II and the Normandy Campaign. Among the cadets were Matthew McKee, Harry Morrison, Harry Rankine, and Bailey Evans, who represented our squadron with dedication and respect.



June 2: Arrival and Exploration

The journey began with an early morning arrival at the campsite in Normandy. After setting up and a brief rest, the cadets visited the Bayeux Tapestry, a historical treasure depicting the events leading up to the Norman conquest of England. This initial exposure to medieval history set the stage for the upcoming World War II-focused itinerary.

June 3-4: Museums and Memorials

The first full day commenced with a visit to the Dead Man's Corner Museum and the C47 Experience, followed by a trip to Sainte-Mère-Église and the Airborne Museum. The cadets also visited Utah Beach Memorial and Museum and the German Military Cemetery at La Cambe, providing a balanced view of the historical events from multiple perspectives. On June 4th, the cadets explored Pointe du Hoc, Omaha Beach, and the US Military Cemetery at Colleville-sur-Mer. These sites offered poignant reminders of the bravery and sacrifices made during the landings, and the Overlord Museum at Omaha Beach provided further insights into the scale and complexity of the operations.

June 5-6: Pegasus Bridge and Main Commemoration

The cadets visited Pegasus Bridge and Café Gondrée, the first building to be liberated on D-Day. Lunch at the café and a visit to the Merville Battery completed the day's itinerary. The next day, an early departure was necessary to attend the main commemoration at Arromanches, including the new British Memorial, Gold Beach Museum, and the Arromanches 360 Cinema.

June 7: Juno Beach and Sword Beach

The itinerary for June 7th was rich with visits to key Canadian and British sites. Departing at 10:00hrs, the cadets visited Juno Beach, including the 1 Charlie Memorial and the Juno Beach Canadian Museum. After lunch, the group visited Sword Beach and The Grand Bunker in Ouistreham, returning to camp by 17:00hrs. The evening concluded with a communal meal for all ranks in Bayeux town centre.

June 8: Bayeux and Free Time

The final day of structured visits included the Bayeux Victory Museum and the British Military Cemetery, providing a reflective and educational experience. After lunch, cadets had free time to explore Bayeux, with staff contact information provided for safety and coordination. June 9: Departure and Return The return journey began on June 9th with an 08:00hrs departure from the campsite, travelling back through the Channel Tunnel, and arriving at RAF Woodvale around 22:00hrs.

 **ROYAL
AIR FORCE**
AIR CADETS
the next generation

Highlights of the Commemoration Ceremony

During the wreath-laying ceremony, Harry Morrison, Harry Rankine, Bailey Evans, and Matthew McKee had the honour of meeting the King and Queen, who were in attendance to pay tribute to the valiant soldiers of D-Day. Additionally, the cadets exchanged greetings with President Macron. The presence of Morrison and other veterans served as a poignant reminder of the courage and resilience demonstrated on D-Day. The event included a series of moving speeches, the laying of wreaths, and a moment of silence to honour the fallen. It underscored the importance of preserving the memory of this pivotal moment in history for future generations.

Preparation and Recommendations

Cadets were encouraged to research the Normandy Campaign before the trip. Recommended resources included local libraries and films such as "The Longest Day," "Saving Private Ryan," and episodes of "Band of Brothers." This preparatory work aimed to deepen their understanding and engagement with the historical sites. Practical InformationThe cadets travelled in civilian clothes, with uniforms carried for ceremonial purposes. Accommodations were at Camping Le Château de Martigny, and meals were a mix of provided breakfasts and self-purchased lunches and dinners. Financial preparations included preloaded debit cards and a mix of local and Euro currencies. This well-established squadron venture not only honours the memory of those who fought on D-Day but also educates the younger generation about the significance of these historical events, ensuring their legacy is remembered and respected. We are really proud of you all.

Golf - Sidney Chipchase

The weather was perfect during the Southport Learning Trust Annual Invitational Golf Tournament, making it a fantastic day. The students had a great time, and there were some impressive golf performances! Well done to Stanley High who secured victory with 37 points. Last year's champions, Greenbank High, came in second with 36 points after a three-hole back count. Here are the results for the other teams:

- Birkdale High Team 1: 36 points
- Birkdale High Team 2 and Range High: 35 points each
- Meols Cop: 32 points
- Birkdale High Team 3: 26 points

Individual accolades went to our very own Sidney Chipchase for the longest drive and Heather Maw from Greenbank High for nearest to the pin, leaving the ball within 3 feet!



Congratulations Freya

We are thrilled to share the fantastic news that Freya Gerrard Longworth has been selected for an exciting opportunity with the esteemed Placed Academy. This academy offers a dynamic built environment education program tailored for enthusiastic individuals aged 14-18. Freya's participation in this program will involve collaboration with architects, urban designers, planners, and landscape architects, as well as other professionals. Together, they will actively contribute to the shaping of future environments and architectural developments in the vibrant cities of Liverpool and Manchester. With only 60 positions available across all participating schools, Freya's outstanding application helped her stand out among the talented pool of candidates. This recognition is a testament to her dedication and passion. Congratulations, Freya, on this well-deserved achievement!

- Mrs Dillon

Drama

Spamalot!

On the 12th June some of the Year 9 Drama Llamas and I went to see the fabulous Monty Python musical comedy at Southport Little Theatre. This was a fantastic show which really appealed to their quirky sense of humour! The set was brilliant, the costumes were amazing and the performances outstanding. This show was even more special as the Musical Director was a former Drama student of mine Chris Rimmer. Needless to say the music and singing was highly impressive!

All students were a joy to take. A member of staff at the theatre even specifically sought me out to praise the politeness of the students!

Matthew's Mile

Yet again Range students came together to support the Teenage Cancer Trust by taking part in 'Matthew's Mile' on the 28th June. We had a fabulous display of creative costumes including giant dinosaurs, Barbie and Ken, Bananas and many more! This event is such an important part of our school tradition and raises vital funds to support teenagers being treated for cancer in the North West. It was also lovely to see some of the sixth form team and former Year 11 students come to help out alongside the PE department and staff. I am so incredibly proud of everyone who took part.

Emma from the Teenage Cancer trust has informed me that over the years 'Matthew's Mile' has raised over £55,000!! What a great achievement!

- Mrs Grace





Food and Design Technology

It's been a very busy year in the department! We welcomed a new member of staff at Easter who has settled brilliantly and has become part of our team very quickly. Our pupils at KS3 have developed a wide variety of practical, problem solving and design skills. We'd like to thank parents for all their support when purchasing ingredients to allow pupils to fully engage in these valuable lessons, thus giving them the opportunity to experience a busy practical lesson and develop both their skills and confidence.

We have included a selection of photographs from our lessons for you to enjoy and showcase the variety of work produced at KS3

- Food and Design Technology team



History trip to London 21st June 2024

Year 10 History students travelled to the capital to spend the day discovering the dark history of London. Our first destination was Whitechapel around which we walked the streets where the notorious serial killer, nicknamed Jack the Ripper, committed grisly murders in the 1880s. We learnt about the dire poverty of the Victorian East End and how its residents tried to make ends meet. We heard about how this 'black hole' at the centre of the British Empire was a nightmare to police with its labyrinth of dark streets and problems with gangs, gin palaces and opium dens.

After we had our lunch at the vibrant Spitalfields Market, we headed down to the River Thames by the London Eye to experience the London Dungeon! Some of the awful things that happened in London were brought to life including the Great Fire of London, the Gunpowder plot, and the Great Plague.

Our final stop was for shopping and food at the bustling and atmospheric Camden Market before heading home, very tired after such a fun and interesting day.

- Mrs Murray

Anthony Nolan: My Journey from Registration to Donation

What is Anthony Nolan?

Anthony Nolan is a pioneering charity founded in 1974 by Shirley Nolan, whose son Anthony needed a bone marrow transplant to survive leukaemia. Named in his honour, the organisation's mission is to save the lives of people with blood cancer by matching stem cell donors to patients in need of a transplant.

2015: Becoming a Stem Cell Donor

After losing my Mum to cancer in 2015, I felt a strong urge to help others in need. I wanted to recompense in some way the kindness that my family, friends and community had shown me during that time. After attending a recruitment event at the university where the Anthony Nolan charity delivered a presentation on the impact of stem cell donation, I signed up immediately. After a quick swab, I was an official member of the Anthony Nolan Blood Marrow registry.

A Potential Match

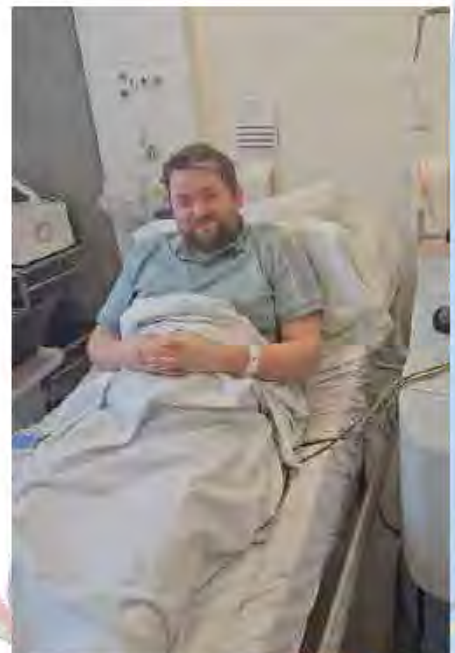
After registering, I honestly didn't think much about it for years. Then, one day in February, I opened my email app to find a message from Anthony Nolan. I called them back immediately and was thrilled to learn that I was a potential match for a patient in need. Everything was explained to me over the phone, and shortly after, I received a comprehensive pack outlining what would be happening over the next few months. This included a crucial but simple blood test to confirm the match.

My Donation

As my donation date came around, I had to have special GCSF injections at home arranged by Anthony Nolan to boost my stem cell count. I was prepared for large needles and side effects, but this could not be any further from the truth. The needles weren't as intimidating as expected, and the only noticeable side effect was a mild headache. Then came the day of my donation. It was pain-free, I had a central line fitted to collect all the stem cells and the rest was effortless. The goal was to collect 5 million stem cells, but much to the collective shock of the nurses, I managed to donate 26 million. The entire process was seamless, and the medical team's support made me feel reassured, comfortable, and happy throughout every stage of the process.

Why Donating Makes a Difference

As I reflect on my journey, I can't help but feel a deep sense of fulfilment. With this in mind, I want to also take a moment to thank my colleagues and students for their unwavering support and kindness throughout this period. Happily, I have received word from the patient's team and I'm glad to report that they are recovering well following the donation. Physically, the process was effortless. I only felt tired for a few days afterwards and experienced no lasting side effects. Donating stem cells ranks among the most meaningful experiences of my life, alongside milestones like parenthood. It's a simple act with the profound potential to save a life. So, to anyone in our school community who is considering becoming a donor, I encourage you: take the leap and be courageous. Sign up with Anthony Nolan and join the registry of potential lifesavers. In the near future, I'll be organizing events at Range to raise awareness and funds for this important cause. I look forward to keeping you updated on how you can get involved and make a difference to this valuable cause.



- Mr Wilson, Assistant Head of Year 10

Accelerated Reader Success Abounds in 2023/24

Year 7

Congratulations to the Year 7 students who have excelled in their Accelerated Reading during the 2023/24 academic year!

The Platinum Award goes to Giovanni Odeh Moses

The Gold Award to Daisy Tuppen;

The Silver Award to Lucy Smith, and

The Bronze Award to Isabelle Howard



These students have shown remarkable dedication and achievement in their reading journeys. Their avid reading and outstanding performance in the Accelerated Reader program have set a high standard. The English department looks forward to seeing their successes flourish across the curriculum, knowing that their strong reading skills will positively impact their overall academic performance. Well done to all the award recipients!

Year 8

Congratulations to the Year 8 students who have excelled in their Accelerated Reading during the 2023/24 academic year!



The Platinum award goes to Kirandeep Sangha

The Gold to **Charlie Bateman**

The Silver to Will Marl

The Bronze to **Sam Webster**



These students have demonstrated outstanding dedication and achievement in their reading journeys. Their impressive performance in the Accelerated Reader program reflects their commitment to literacy and learning. The English department eagerly anticipates seeing their successes flourish across the curriculum, confident that their strong reading skills will enhance their academic performance.

Well done to all the award recipients!

Congratulations to Tutor Group 7DL and 8AES...

...for being the Accelerated Reader Year 7 and Year 8 Top Tutor Group with an impressive **526.1** points for **Year 7** and **438.1** points for **Year 8**!

Your avid reading and consistent quizzing efforts have kept you in the top spot for most of the term demonstrating exceptional dedication and enthusiasm for reading.

Well done to everyone in 7DL and 8AES for your hard work and dedication!

As a reward for your fantastic achievement, a Summer Getaway Pack will be winging its way to you soon.

Enjoy your well-deserved prize and keep up the excellent reading!

- Ms McGowan





Reading Bingo



Name:

BOOST YOUR MENTAL HEALTH DURING THE SCHOOL HOLIDAYS

The school holidays are almost here...time to relax and enjoy some sunshine (if the British weather allows).

For many of us, summer is the season of fun and freedom but if you're living with a mental health issue, you might not be quite so excited at the prospect of the weeks ahead. If so, we've put together some top tips for managing your mental health over the summer holidays.

1. Don't do away with the routine

Long lie-ins are a must sometimes but if you're sleeping lots every day, it can have a negative impact on your mental health. It's OK to relax your routine a little – we're not suggesting 6am starts – but try to go to bed at a reasonable time and get up not much more than an hour later than you normally would. Have a shower and get dressed, even if you've got no plans. You'll feel refreshed and more energised.

2. Get planning

If you're struggling to get motivated, planning your time can help. Give yourself something to do every morning and afternoon, and make sure you have a good mix. Schedule some time for gaming, reading or watching TV and add in a couple of chores. It's not just to keep your parents happy (although that's an added bonus), it'll give you a sense of achievement and make the fun stuff more enjoyable.

3. Practice a summer of self-care

Self-care is all about being kind to yourself, listening to what your body and mind need and making time for the things that make you feel good. Check-in with yourself each morning and evening to see how you're feeling and if there's anything you need. Sometimes a few minutes of mindfulness, a short walk or a nice relaxing bath can do wonders. Try making a list of some feel-good activities and plan them out for the weeks ahead.

4. Enjoy the great outdoors

Sefton's coast and countryside is the perfect setting for those who want to get away from it all and explore the area. Stretching for 22 miles, this unique and tranquil coastline offers something for everyone. As well as the coastline, we have many beautiful parks and nature reserves, and a walk around Liverpool city centre can be pretty interesting. Whatever works for you, try to get outside at least a few times a week.

5. Stay connected

If you can't meet up with your mates over the summer, six weeks can feel like a lifetime. Having some company is important for everyone, so make an effort to catch up with family members and keep in touch with friends if possible.

- Mrs McGugan

Helpful numbers for mental health support over the summer

childline

ONLINE, ON THE PHONE, ANYTIME
childline.org.uk | 2000 1111

GYROO

kooth

**we are
withyou**

bullybusters

NSPCC

0151 556 1000



for free and
confidential
support 24/7

shout
85258

In partnership with



Children and young people in Liverpool & Sefton: Text **GREEN** to 85258
For young people over 16 in Liverpool & Sefton: Text **HEAL** to 85258
Children and young people in Wirral: Text **SAFE** to 85258
Children and young people in Halton, Knowsley, St Helens and Warrington:
Text **REACH** to 85258.

PAPYRUS
PREVENTION OF SEXUAL ABUSE

0800 068 4141 or text 07860039967

SAMARITANS

116 123

NHS
Alder Hey Children's 24/7 Crisis Care Team
NHS Foundation Trust: 0151 293 3577 or 0808 1963 550

Best Netball team

Congratulations to the Year 11 leavers who have been an integral part of our netball team – the best netball team ever! Your dedication, teamwork, and sportsmanship have set a high standard for others to follow. As you move on to new adventures, remember the lessons learned on the court and the friendships forged through countless matches and practices. Your remarkable spirit and achievements have made us all proud. Good luck in all your future endeavours, and keep aiming high!

- Mrs Phillips





OPEN WATER: DON'T TAKE THE RISK



Swimming in or playing near rivers and canals may seem like a great idea, particularly on a warm day, but it could all end in tragedy. **DON'T take the risk.**



THE WATER IS COLD...

...even on very warm days, rivers and canals contain water barely above 10 degrees. Sudden immersion can lead to cold water shock, which can cause gasping and intake of water. **This can be deadly in a matter of seconds.**

DID YOU KNOW?


Even the narrowest of rivers can be considerably deep. Rivers are subject to strong flow and **hidden currents** which can trouble even the strongest of swimmers.

WHAT LIES BENEATH?




The water is untreated and can make you ill.

Canals and rivers contain pollutants, sewage and often unseen underwater obstructions and snag hazards.




Debris under the water such as shopping trolleys, broken glass and cans can cause **injury** or **trap** you.

Remember, there are no lifeguards to help you at your local river, lake, canal or dam.



Rivers can be very difficult to climb out of, especially with steep or slimy banks. **Stay clear of rivers with steep or unguarded banks.**



IN AN EMERGENCY...NEVER enter the water to try and help a person or animal. You could get into difficulty yourself. Instead, dial 999 and use any water rescue equipment that is available.

If you fall into the water unexpectedly, fight your instinct to thrash around. Instead, lean back, extend your arms and legs & float.



MERSEYSIDE
FIRE & RESCUE
SERVICE

www.merseyfire.gov.uk

BEACH SAFETY: KNOW THE DANGERS



MUD AND QUICKSAND

Large areas of the coast can have mud and quicksand which can cause you to get trapped and risk drowning.



Strong currents can sweep inflatables and people out to sea



REDUCE THE RISK

Check tide times Follow warning sign advice Avoid crossing estuaries and mud where there can be hidden channels or fast water If trapped, **sit back and spread your weight evenly across the surface** Stop others from trying to help you as they may get stuck Call **999** immediately and ask for the **Coastguard**



FOLLOW THE FLAGS



There are lifeguards in the area. Swim between the two flags.



Do not enter the water. There could be unseen dangers such as currents.



No swimming in this area. There may be non-powered watercraft such as surfboards, kayaks, etc. in this area.

IF YOU SEE SOMEONE STRUGGLING:



CALL 999 TELL the struggling person to float on their back **THROW** them something that floats

TOP TIP

ALWAYS GO TO A BEACH WITH A LIFEGUARD



Attendance Matters

As the year draws to a close we would like to thank you all for working with us to improve our school attendance.

As you are no doubt aware, there is an increased focus from the DfE to increase attendance for all pupils and you will have seen the recent parent email sent on behalf of Sefton Council with regards to Penalty Charge Notices. Therefore, please do not to book any holidays in term time as we are unable to authorise any at all. We understand that this is a complex and difficult situation for some families but this is not our decision and we are bound by the DfE guidance.

We are pleased to reflect on this year's excellent efforts from the pupils in improving their attendance particularly during our rewards assemblies and during tutor time. In celebration of this, there are a number of students who have received awards for improving their attendance. These have been issued to students across the school.

Finally, we would like to take his opportunity to wish all pupils a sunny holiday and we look forward to welcoming you all back in September.

- Mrs Dillion



100% Attendance = 100% Chance

MVP Y10 Graduation

Our wonderful Year 10 MVP mentors attended their Graduation event at St George's Hall, celebrating their hard work and dedication to the MVP programme. After undertaking two days of training provided by Merseyside Youth Association, they delivered six one-hour sessions on challenging and difficult topics to Year 8 classes with confidence and competence. We are incredibly proud of their commitment, and they served as perfect role models and mentors to the Year 8 pupils.

Mr Wilson accompanied the students to the Graduation event, held at the historic St George's Hall. All the students were presented with awards for successfully completing the training and delivery of the MVP programme. During the afternoon, they participated in courtroom scenarios, taking on roles such as prosecutors, journalists, sketch artists, and clerks, which they found both engaging and insightful. They also celebrated a remarkable achievement: securing first place in Merseyside, a triumph made possible by the unwavering support and votes from the entire school community. We extend our sincere thanks to everyone who voted and contributed to this.

After another successful year of delivering this programme, we will be passing the baton to Mr Duddridge who will be stepping in to guide the upcoming Year 10s in their MVP journey.

- Mrs McGugan, Assistant Headteacher – Safeguarding and Personal Development & Mr Wilson Assistant Head of Year 10



Computer Science Trip to Goodison

We are thrilled to share the highlights of our recent Work Experience Discovery Day at Goodison Park, where eleven of our Year 10 students had an incredible opportunity to delve into the world of video game development and related careers. Organised by All About STEM and GameChangers (Game Studios) in collaboration with the Liverpool City Region Careers Hub, this event provided our students with invaluable insights and experiences.

The day was structured around five interactive workshops, each delivered by professionals from prominent companies within the video game industry. Our students had the chance to learn from experts at PlayStation Sony Interactive Entertainment, Ripstone Games Studio, Lucid Games Studios, Avalanche Game Studios, and Tencent Publishing. These workshops covered a diverse range of topics, ensuring that our students gained a comprehensive understanding of the industry.

Workshop Highlights:

Games Testing (QA Team): Students discovered the crucial role of games testers in ensuring that games are free from bugs and provide a smooth user experience.

User Interface Design: Experts explained the importance of intuitive and visually appealing interfaces in enhancing player engagement.

Art and Character Development: Students explored the creative process behind developing characters and artistic elements within games.

Marketing Strategy: Insights were provided on how marketing strategies are developed to promote games and reach target audiences effectively.

Legal Aspects: Solicitors discussed the legal side of game development, including intellectual property rights and compliance issues.

Throughout the day, students were encouraged to engage with the guest speakers, ask questions, and participate in hands-on activities. This immersive approach allowed them to better understand the various career opportunities available in the video games industry within the Liverpool city region. Students also explored roles in character development, user interface design, user experience design, games testing, business models, compliance, and platform certification. Meeting professionals from such renowned companies inspired our students and broadened their horizons regarding potential career paths.

The event was a resounding success, providing our students with a deeper appreciation of the digital and creative sectors. We are confident that this experience has sparked new interests and ambitions among our students, and we look forward to seeing how it will influence their future career choices.

The student's hard work and engagement in the activities was outstanding. They represented our school exceptionally well, and several participants at the event commented on their enthusiasm and professionalism. We are incredibly proud of our students for making the most of this opportunity and for highlighting the values and spirit of our school community. Thank you Year 10!

- Computer Science Team





National Numeracy Day on 22nd May

This year we celebrated National Numeracy Day in the Maths department. It's a day that celebrates the importance of numbers for children and adults alike, building brighter futures through confidence in numbers and inspiring everyone to improve their numeracy skills.

The charity National Numeracy has teamed up with celebrities and experts to create fun and engaging resources that will get children feeling good about numbers.

With Year 7 and 8 students, we have been sparking imaginations and conversations about using numbers in our future dream jobs or hobbies. Pupils were challenged to design a poster detailing a hobby or job that they would like to do in the future and the maths involved in that area. Bobby Seagull from the BBC and Celebrity Hunted faced a difficult decision in choosing a winner from the 10,000 incredible entries, but after rounds of shortlists, we were contacted to say we had an entry selected as a runner-up, which came with a prize. Well done to Ben G in Year 7!

This was the feedback we received about Ben's entry: "Congratulations to Ben - we loved the meteorologist drawing - it had so many uses for numbers and was also beautifully drawn!"

We look forward to entering the competition again next year to promote careers in mathematics, and hopefully win some more prizes!

- Maths Department



Number Heroes Competition

Name and age: Ben 12

School and class: Range High School

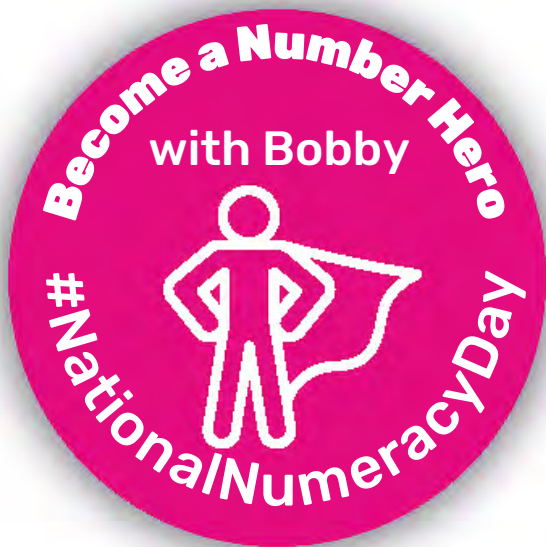
The way I would love to use numbers when I grow up is...
to become a meteorologist so that I can predict the weather. I would need to use mathematical models of the atmosphere and oceans and lots of equations to forecast the weather. My job would involve collecting, analysing and interpreting lots of numerical data.
Write here

QR code:  Create a picture of you doing your dream job or hobby and tell us all the different ways you would use numbers, then ask a grown-up to upload your picture through our online form. Let your imagination run wild and win a fantastic prize for yourself and a prize bundle for your nursery, school or youth group!

Scan to visit the website. For online entry and full terms and conditions visit: www.nationalnumeracy.org.uk/number-heroes-competition



We are Number Heroes!



Bobby Seagull

National Numeracy Ambassador
& Competition Judge



Vocal Range Choir's Unforgettable European Tour

The Vocal Range Choir recently embarked on a thrilling and unforgettable tour of Germany and Holland; a first for them, and myself as Head of Music. This was an opportunity for the choir to both showcase their talent and immerse themselves in the rich culture of these beautiful countries. This extraordinary journey was not only a testament to the choir's dedication and skill but also a celebration of music's universal language.

Our adventure began very early on a crisp Friday morning as we departed from school, excitement in the air. The journey took us across the Channel via ferry to France, where we began our drive toward our final destination in Aachen, Germany. The camaraderie and excitement among the 36 students and staff (Mr Povey, Mrs Davies & Mrs Swift) set the tone for what would be a remarkable experience.

The highlight of our tour was undoubtedly the choral performances, where Vocal Range shone brilliantly. Our first performance took place at the stunning 3 Countries Maze in Vaals, a unique location where Germany, Holland, and Belgium meet. The maze's enchanting atmosphere provided a wonderful backdrop as Vocal Range captivated the audience with songs such as 'Adiemus', 'Waving through a window', and 'Can't catch me now', leaving a lasting impression on all who listened.

Sunday morning was filled with excitement and adventure as the choir enjoyed some well-earned downtime at Attractiepark Kabelbaan, Valkenburg. Here, the students and staff engaged in a variety of activities, including chairlift rides, laser tag, and tobogganing. The chairlift rides offered stunning views of the surrounding landscape, making it a morning to remember for everyone, even for those of us less fond of heights. The toboggan run provided exhilarating speeds and laughter for some, or a more sedate meander for others. The highlight of the morning for many was definitely Laser tag. The underground cave arena buzzed with energy as the teams strategized and competed against each other. There were many standout performances from students; most notably Joel Waring; although Mrs Davies proved to be quite the shot!

The second significant performance was held at the historic Stadtkirchein Monschau, Germany. The church's acoustics and majestic architecture created an awe-inspiring setting, elevating our performance to new heights. Singing in such a revered venue was an honour, and the audience's applause was a testament to the choir's exceptional talent and hard work.

This tour was more than just a series of performances; it was an educational journey, a cultural exchange, and a bonding experience that will be cherished for years to come. The students and staff alike had an amazing time, creating memories that are sure to last a lifetime.

Vocal Range's first Choir trip was a resounding success, filled with beautiful music, breathtaking sights, and unforgettable moments. We look forward to more such adventures in the future, continuing to spread the joy of music wherever we go. Here's to the next chapter of our musical journey! Vocal Range rehearses every Tuesday and Wednesday at lunchtime in room 16. All are welcome

- Mr Povey





P.E.

Girls Sefton Athletics

In this warm-up event to the Merseyside Athletics competition, we had lots of medal winners and fantastic performances across all four year groups. A special mention to the Year 7s who performed really well in their first-ever competitive athletic meet.

Year 7: 2nd place

Year 8: 6th place

Year 9: 1st place

Year 10: 4th place



Merseyside Athletics

What a great day at Wavertree, the sun was shining and the team made us proud both on and off the track.

The girls did an amazing job competing in their events in the highest division. We had lots of individual medal success across all four year groups. Well done to all those athletes that took a medal home.

A special mention must go to our Year 9 team who came 1st in both Sefton and Merseyside- the team is filled with very talented athletes.

The overall team results were as follows.

Year 7 girls: 3rd place

Year 8 girls: 6th place

Year 9 girls: 1st place

Year 10 girls: 3rd place



Which meant we finished 4th overall- a fantastic effort.

On the same day and venue, the boys competed in the Division 1 championship alongside the girls. Like the girls, the boys' team did us extremely proud with some fantastic performances across all year groups and plenty of medals to bring home.

A big team performance from the Year 7 team who in their first athletics competition ran out winners in their category and were crowned Merseyside champions for 2024.

The overall team results were as follows.

Year 7 girls: 1st place

Year 8 girls: 5th place

Year 9 girls: 3rd place

Year 10 girls: 7th place

Which meant we finished 6th overall- a fantastic effort but plenty more to come in 2025.

Girls Rounders

The Southport and Formby Rounders tournament was unfortunately postponed by Stanley High School due to high winds. We are looking forward to a new date being agreed before the end of term.

Tennis Southport and Formby Tournament

Year 7- Anna Halliwell and Emily Lavin: 3rd

Year 8- Erin Johnson and Angel Phillips: 2nd

Year 9- Olivia Johnson and Sienna Fortune: 1st

Well done to all the doubles pairs.



Tennis (Formby Lawn/ FHS)

We took a group of pupils down to Formby Lawn Tennis Club for the afternoon to access their top-class facilities and play friendly fixtures amongst ourselves. The pupils had a brilliant time and were ultra-competitive amongst one another. The standard of play was excellent, there really was some fantastic tennis on display. A huge well done to the following who took part.

Year 7: Alistair Bosanquet, Tom Dixon, Harry Craig, Jack Fielding

Year 8: Josh Bull, Luke Patel, Erin Johnson

Year 9: Joe Dixon, Matthew Grimes, Olivia Johnson, Lily Zajitschek, Sienna Fortune

Year 10: Ava Witham



School Sports Day

Our School Sports Day began with our 'Prelim Day' where we witnessed some brilliant performances in our Athletics field events. The weather was perfect and students across all four year groups competed in all of the events which were hotly contested. The points achieved by EVERY student involved were added onto the eagerly anticipated whole school sports day. A late decision was made for the whole school to come out onto the field and watch the track events and the students were not to be disappointed. The standard of performance was exceptional and the support was just as impressive, and with Mr Povey acting as DJ, the students were in high spirits. The showpiece event was the staff relay, which was a real hit creating a fantastic finale to a great morning of sport.



Having had all of the results counted and verified, the results were as follows:

4th- **Derby**

3rd- **Sefton**

2nd- **Weld**

1st- **Blundell**



St Luke's Sports Day

Another year, another episode of dodging the Great British weather to get the St Luke's Sports Day events on. Thankfully we were able to do so and it was brilliant to see all of the students taking part and the families in attendance. A special mention to Mr Williams at St Luke's for organising the event and also for the Year 10 GCSE students who assisted with the smooth running of the events.



Pinewoods Classic Golf Championship

Friday 12th July was the annual Pinewoods Classic Golf Championship held at the prestigious Formby Golf Club. Students from years 7-11 had the opportunity to compete for the prized silverware that has been in circulation for close to 20 years now. The day started wet but by the end the sun was out to welcome the players back into the clubhouse. A fiercely competitive championship this year with the eventual winner doing so by a point! A huge congratulations to Tom Pike who was crowned the 2024 Pinewoods Classic Golf Champion.



- P.E. Department

Wally Cain Dance Festival 2024

On Tuesday 11th June, 16 of our talented Year 8 dancers took to the stage once again at the Atkinson Theatre. They represented Range in the Wally Cain Dance festival to celebrate the importance of contemporary dance alongside 10 other Sefton schools.

Sefton Schools' Dance Association held its first Dance Festival in 1989. This annual Contemporary Dance Festival was renamed in 1992, after Wally Cain, a Senior Advisor with responsibility for P.E.

Wally died suddenly in March 1992 having retired in August 1991. He had been an Adviser in Sefton for twenty years. Wally was an inspiration to everyone who taught physical education in Sefton.

One of his greatest loves was Dance and he worked tirelessly to promote its development. In 1988 he set up the Sefton Schools' Dance Association for teachers, resulting in this annual Dance Festival and Days of Dance.

Wally was keen to encourage the teaching of Contemporary Dance in schools as he felt it gave all children, whatever their ability, gender or age, an opportunity to express themselves. This year, the association wanted to support young people's exposure to classical and orchestral music and as a result, our Year 8s performed a beautiful contemporary routine to 'The Untouchables' choreographed by Katherine Emmitt.

- Mrs Gallagher



Book request

Request from the History Department:

If you have any Horrible Histories books which are no longer being read and are just taking up space, we would love to take them off your hands! These would be added to the books we keep in the department for KS3 pupils to read and review. Any contributions would be greatly appreciated. Many thanks.

- Mrs Murray



Year 11 Prom - A night to remember

On the evening of July 4th, Aintree Racecourse was transformed into a breathtaking venue for our Year 11 Prom, marking a night of elegance, celebration, and well-deserved recognition. The excitement was palpable as students arrived, their anticipation met with a stunning setting that perfectly matched the grandeur of the occasion. The young men looked dapper in their suits, while the young women dazzled in an array of glamorous dresses, each outfit showcasing personal style and sophistication.

As the night unfolded, the atmosphere buzzed with energy. The dance floor quickly became the heart of the celebration, with students throwing some impressive shapes to the beats of a carefully curated playlist that kept the mood lively and upbeat. It was a joy to see the carefree happiness on their faces, a stark contrast to the challenges they have faced over the past year. The resilience and perseverance of the Year 11 cohort were on full display, their smiles a testament to overcoming obstacles and achieving significant milestones.

A particularly smart choice by some of the girls was to wear more casual shoes under their gowns. This practical decision proved wise given the number of stairs at the venue and the extensive dancing throughout the night. Their choice ensured comfort without compromising on style, allowing them to fully enjoy the evening's festivities.

The evening wasn't just about dancing and fashion, but also about togetherness and the strong sense of community that has been built throughout the year. Students and staff mingled, sharing laughs and stories, creating an environment of warmth and camaraderie. The photo booth was a popular spot, capturing countless moments of joy and friendship, while the beautifully decorated venue provided the perfect backdrop for these memories. The prom served as a capstone to a challenging yet rewarding year, a chance to look back on the accomplishments and forward to the bright futures ahead.

The Year 11 Prom at Aintree Racecourse was more than just a night of celebration; it was a recognition of the journey these students have undertaken and a testament to their strength and spirit. Both students and staff will cherish the memories of this fantastic night, a fitting conclusion to a remarkable year.

- Mrs Lawrence



Science

Faraday Challenge

Six Year students Felicia Chan, Magdalena Jones, Matthew Barnett, Jack Berrigan, Belle Sloane and Thomas Szabo to complete in an engineering Faraday Challenge day. The students had to design and build one prototype which could support one or more groups of road users in their area and had to have at least one working electrical component. The students had a budget and access to materials and worked together to complete the project and present to the judges. They called their prototype Designated Recovery System (DRS) which would be positioned on the side of the motorway with a road leading down to garages where your car will be fixed. The students gave a confident presentation.



Science Quiz Success!

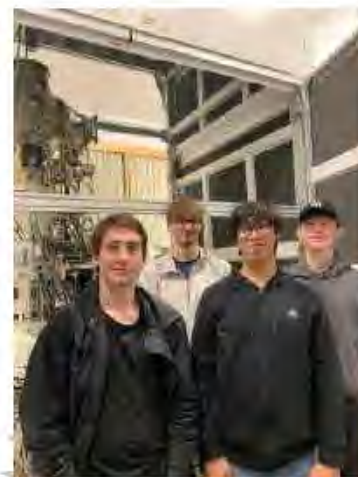
On the 16th July - Matthew Barnett, Felicia Chan, Amy Coulson, Thomas Szabo, and Magdalena Jones proudly represented our school at the inaugural MAT Inter Schools Science Quiz held at Birkdale High. The event was an exciting and challenging experience, filled with intense competition and a spirit of camaraderie among all participants. We are eagerly looking forward to the next competition, and we extend our heartfelt congratulations to all who took part. Well done team! Your success has made us incredibly proud, and we can't wait to see what you achieve next.



Science Quiz Success!

Year 13 A level physics students Nic Hunter, James Gaudie, Jonathan Davies and Ben Costello to visit the Department of Electron Microscopy to see the application of Physics in research at the University of Liverpool and applications of Electron Microscopy. The students were able to meet research staff at the university who showed them how Scanning electron microscopes are used for analysing rock samples and how tunnelling electron microscopes can give us images on an atomic scale in alloys which is useful in parts of aeroplanes. They were also able to see the latest Tunnelling Electron Microscope that was being installed and would be one of the largest in the country. In the final session they were able to see how biological samples of Drosophila were prepared and analysed to identify changes to brain structure over time. The students were also able to look at images of the compound eye of the Drosophila formed using the electron microscope. The students were given useful insights into how physics is used across many different scientific fields to gather evidence for research and an insight into possible career paths.

- Mrs McGregor and Mrs Williams



What Parents & Educators Need to Know about WORRY AND ANXIETY

Worry and anxiety are common emotions experienced by children, often triggered by uncertainty or fear. While worry involves concern about future events, anxiety is a persistent feeling of dread or apprehension. Current statistics indicate a rising prevalence of anxiety disorders among children, and this guide has some expert advice on understanding and addressing these concerns.

UNDERSTANDING WORRY AND ANXIETY

Worry and anxiety are emotional responses to stress or uncertainty. Worry is typically associated with potential misfortune, while anxiety is characterised by feelings of fear, apprehension or unease. Both can manifest physically through symptoms such as restlessness, fatigue or muscle tension. Understanding the distinction between worry and anxiety is crucial for effectively addressing these concerns in children.

WHAT ARE THE RISKS?

LONG-TERM CONSEQUENCES

Untreated worry and anxiety in childhood can have potentially lifelong impacts on a person's mental health and wellbeing. Chronic anxiety may increase the risk of developing anxiety disorders, depression or other mental health conditions later in life. Additionally, unresolved worry and anxiety can negatively impact self-esteem, confidence and overall resilience. It's essential to address these concerns proactively and provide appropriate support and intervention.

THE IMPACT ON CHILDREN

Excessive worry and anxiety can have profound effects on children's mental and emotional health. It may interfere with their ability to concentrate, sleep or participate in daily activities. Chronic worry and anxiety can also lead to physical symptoms such as headaches, stomach aches or difficulty breathing. Left unhealed, these concerns can escalate and potentially contribute to the development of anxiety disorders later in life.

DIFFERENTIATING WORRY FROM ANXIETY

While worry and anxiety share similarities – in that they both involve concerns about possible trouble – anxiety tends to be more constant and overwhelming. Worry may come and go depending on circumstances, whereas anxiety can linger regardless of the situation. It's essential to recognise when the former crosses into the latter, as anxiety can significantly impact a child's daily functioning and wellbeing.

THE EMOTIONAL TOLL

The emotional impact of worry and anxiety on children can be significant, affecting their overall quality of life and wellbeing. Children experiencing chronic worry or anxiety may feel overwhelmed, irritable or helpless. They may also withdraw from social activities or avoid situations that trigger their anxiety, leading to feelings of isolation or loneliness. Addressing these concerns early can help prevent long-term emotional distress and promote healthy coping strategies.

ACADEMIC & SOCIAL IMPACTS

Impacts on the academic performance and social interactions of children and young people are very possible. Frequent worry or anxiety may impair concentration, memory and problem-solving skills, making it difficult for children to succeed in education. Anxiety can also hinder social development by causing children and young people to avoid social situations or to struggle with communication and interpersonal relationships, potentially leading to feelings of isolation or exclusion.

Advice for Parents & Educators

ENCOURAGE OPEN COMMUNICATION

Parents and educators can foster a supportive environment by encouraging children to express their worries and anxieties openly. Active listening and acknowledging young people's emotions can help them feel understood and supported, reducing the situation's intensity. Creating opportunities for regular check-ins and discussions about one's feelings can promote healthy coping strategies and strengthen communication bonds.

TEACH COPING STRATEGIES

Empowering children with effective coping strategies is essential for managing worry and anxiety. Encourage the use of relaxation techniques such as deep breathing, mindfulness or progressive muscle relaxation to calm anxious thoughts and promote a sense of composure. Additionally, teaching positive self-talk and problem-solving skills can help children develop resilience and confidence in managing challenging situations.

CREATE A SUPPORTIVE ENVIRONMENT

Parents and educators play a crucial role in creating a supportive environment that promotes emotional wellbeing. Establishing routines, providing predictability and offering reassurance can help relieve anxiety and create a sense of security for children. Foster a culture of empathy and understanding, where children feel safe enough to express their emotions and seek support when needed.

SEEK PROFESSIONAL HELP

Recognising when to seek professional help is vital for addressing significant or persistent worry and anxiety in children. If worry or anxiety significantly impacts a child's daily functioning, interferes with their relationships or academic performance, or causes significant distress, it may be necessary to consult with a mental health practitioner. Early intervention can prevent long-term consequences and promote positive outcomes for children's psychological wellbeing.

Meet Our Expert

Adam Elliott is Associate Vice Principal for Personal Development at Penlone Grammar School and works on secondary one day a week for Minds Ahead, which collaborates with schools on improving their mental health provisions.



#WakeUpWednesday

The National College

LFC Onside Programme at Range High School

The Onside programme, part of the LFC Foundation's (LFCF) Youth Intervention strategic pillar, aims to support and empower young people aged 11-16 using the influence of the LFC badge. It operates in secondary schools across the North West, targeting students with various social, emotional, behavioural, and well-being needs identified by their school leads.

Programme Structure:

Duration: 12-week engagement

Qualifications: Participants can earn the Prince's Trust Achieve Award and a Level 1 Qualification in Sports Leadership.

Skills Developed: Teamwork, problem-solving, self-management, self-belief, leadership, and communication.

Programme Delivery:

Workshops tailored to group needs, focusing on participatory learning and encouraging students to take control of their learning.

Activities include delivering sport sessions, mental health awareness sessions, and a special session with LFC Legend Chris Kirkland.

Highlights and Achievements:

Sports Leadership Assessments: Participants led practical sport sessions, fostering leadership skills and accountability.

Children's Mental Health Week: Focused on the theme "Your Voice Matters," discussing the impact of voices on social change and mental health.

Mental Health Awareness Week: Highlighted the connection between physical health and mental well-being through discussions and practical sessions.



Feedback and Outcomes:

Participant Feedback: 100% felt included and had fun; 85% felt sessions improved their mental health.

Pre and Post-Course Questionnaires: Showed improvements in school effort, emotional control, and belief in success through hard work.

Stakeholder Feedback: Positive remarks on student engagement and programme effectiveness.

The Onside programme at Range High School has been successful in engaging and empowering students, improving their mental health, leadership skills, and overall school attendance. The programme's adaptability and focus on individual needs have contributed significantly to its positive impact.

Special thanks to Madison Murphy for running these sessions and making a significant positive impact on the students. Your dedication and hard work have been instrumental in the success of the Onside programme.



Foundation

THE CLUB'S OFFICIAL CHARITY

Y10 and Y12 French Trip to Nice

During the Easter holidays, Mr Stalker, Miss Curcuruto, Miss Ball and Mr Wilson led a group of wonderful Y10 and Y12 students to the south of France. It was an early start at Liverpool airport but after the cold weather in England it was lovely to arrive in 20c temperatures with the sun shining!

We were greeted by our guide and after checking into the hotel, we completed a walking tour of Nice, including the Promenade des Anglais and the old town. We had a relaxing meal and sat watching the turquoise waves while eating our pizzas - just what we needed after a day of walking and travelling!

After an exciting hotel breakfast including waffles, pastries and a Nutella dispensing machine, we set off on day two up to the sleepy area of Cimiez to visit the Matisse Museum. This included a memorable journey up the hill on the bus (we had to make friends with some locals very quickly as we were in close proximity to them) and many students commented on the windy route up the hill on the packed bus as one of the trip highlights! We had a good browse around Monoprix for lunch (almost like a French Waitrose) and spent the afternoon at the port area where we had a guided tour of the Confiserie Florian (a sweet/chocolate shop and factory). Thankfully we were able to sample many of the products before buying!

Day 3 was one of our busiest days but also one of the most exciting - a trip to Monaco! After experiencing a 'double decker' train on the short 20 minute journey, we spent some time exploring the Port of Fontvieille, watched the changing of the guard and experienced magnificent views at the Prince's Palace and explored Monte Carlo. Despite the heat we were in awe of the Casino square, luxury cars and of course - the Grand Prix track!

On our final day we had a relaxing coastal tour cruise and we had some time to explore Nice in more depth - practising our French to buy ice creams in the old town, shopping for souvenirs and exploring the flower market at Cours Saleya.

As staff we would like to express how proud we were of the students during the trip and how they conducted themselves. They were an absolute credit to the school and it was a pleasure to accompany them on the trip. We hope that everyone involved had a brilliant time in such a spectacular part of France.

- Mr Stalker, Miss Curcuruto, Miss Ball and Mr Wilson



Class of 2024



Sixth Form

Year 13 Prom

The Year 13 Prom, held on the 28th of June, was a night to remember! It took place at the Marriott Hotel in Liverpool. The evening started with a welcome drink and a delicious three-course meal. The highlight of the night was the awards ceremony, where many were recognised for their contributions and achievements. Everyone was dressed to impress in their finest attire, making the night even more special. It was a fun and memorable event that marked the end of our school journey with style.

Year 12 Transition Day

On Tuesday 25th June, the Sixth Form opened its doors and gave a warm welcome to the prospective Year 12 students. Students attended sessions on their subject choices and got a taste of Sixth Form life. One student, Mae, has written about her experience:

Last Tuesday I went to Sixth Form Transition Day. This day was to get a real insight into how it will look when I start Sixth Form in September. I went to three different taster sessions which included Sports Science, Geography and PE. All of them were really interesting and it has made it hard for me to pick between A Level PE and sports science! In the taster sessions, we did lots of fun activities and we were shown what we would be learning for the next few years. I can now see which subjects I would enjoy more and would want to study. We saw how Sixth Form works and how it would be when we come in September, which has made me better prepared for joining Sixth Form.

Y12 work experience

Year 12 students completed their work experience placements between 8th and 12th July. Students found the experience to be positive and insightful. Two students, Isabella and Louise, have written about their placements

For my placement, I went to Smooth Radio East Midlands in Nottingham city centre, where fortunately I had the opportunity to work on the live breakfast show, where I was able to see properly behind the scenes of the production. I was really excited about this rare experience as I aspire to work in broadcast media, and often you need to be 18 to access a studio in operation. The host Gareth Evans was able to provide me with lots of useful advice for getting into the media industry, such as how to make connections and market yourself. He has also provided me with the contact details of some of his colleagues, so that I may ask them more specifically about their different roles at the station. Over the three days, I conducted research for Gareth on local news and events as well as the music that the station was playing - so that he could use it as material in his segments. It felt really strange but exciting to contribute to the conversation topics on the radio, so I hope that I will be doing that again in the near future - Isabella

I'm a Psychologist, Get me Out of Here!

Psychology students took part in 'I'm a Psychologist, Get me Out of Here' this July. Students were able to ask Research Psychologists questions about their areas of research, and academic and university life. They heard about their jobs, research posts and what the psychologists would use research funding for. At the end of the session, students were able to vote for a winning Psychologist, who was awarded research funding from the British Psychological Society. A fantastic opportunity and some really insightful questions asked by all students!

- Mrs H Povey, Curriculum Area Leader for Psychology





I Belong

in computer science



**"GO AHEAD AND
DO IT. YOU CAN
APOLOGISE
LATER".**

**- LOUISE SNOWDON,
COMPUTER SCIENCE
STUDENT**



For more journeys visit
nccce.io/CSJourneys

Inspiring Journey into Computer Science: An Interview with Louise, Year 12 Student

As we continue to spotlight our talented students, we had the opportunity to interview Louise, a Year 12 student who has now completed her mock exams and is preparing for Year 13 in September. Louise's journey into computer science is another passionate and inspiring story to help other young women feel empowered into considering a future in this field.

1. Can you share your journey into Computer Science? What sparked your interest in this field?

Despite having a tediously slow typing speed, I really enjoyed Computer Science lessons in school, before choosing it as an option. From here, I experimented with making games from a book on 'An Introduction to Python'.

2. What specific areas of Computer Science are you most passionate about, and why?

Personally, I'm passionate about the practical side of Computer Science- building algorithms and coding. I find the problem-solving elements of this really interesting as well as the process of creating new programs exciting.

3. As you prepare for your exams, what study strategies have you found most effective?

Finding the best study strategy differs greatly between subjects and people. For me, flashcards and blurring everything I can remember on a topic (and then filling in any knowledge gaps) are helpful strategies for learning content actively. Past papers are also a handy tool, when getting closer to exams. Just remember that you might need to try out a few different strategies before you find what works for you.

4. Have you encountered any challenges or obstacles in your Computer Science studies, and how have you overcome them?

Time management has been a challenge for me, meeting deadlines in particular. It's helped me to block out dedicated periods of time to Computer Science and avoid working at the last minute, in case work takes longer than expected. Learning how to code also seemed slightly daunting at first but, with the help of teachers, books and online tutorials, I'm starting to pick it up.

5. How do you balance your academic workload with extracurricular activities or other interests?

Roughly timetabling my free time has helped me manage schoolwork, while balancing extracurricular activities. It's important to be realistic with what you can get done when scheduling your time and make sure you don't neglect your interests.

6. Are there any particular projects or assignments from your Computer Science courses that stand out to you as particularly meaningful or enjoyable?

I'm currently enjoying working on my unit 3 project, which encourages you to access a lot of creativity in order to create a program of your own design. It is also great motivation to build programming skills to bring project ideas to life.

7. In your opinion, what are some of the most exciting developments or trends happening in the field of Computer Science today?

I'm particularly excited by developments in quantum computers. These are extremely powerful computers which have the potential to solve problems that are impossible for computers to handle as we know them, by making use of quantum mechanics. In the future, they could be used for producing new chemicals, breaking encryption schemes and even predicting the weather. Alongside this is the advancement in Virtual Reality technology, which has applications such as healthcare training and simulations as well as gaming developments.

8. As a young woman pursuing Computer Science, have you faced any stereotypes or biases, and if so, how have you addressed them?

Personally, my experiences have been really positive and I've been encouraged by teachers and other students to pursue this subject. However, with computing and tech being a heavily male dominated industry, it can be trickier to see myself in certain IT careers. Looking at female role models in STEM subjects has been super motivating. I'm inspired by the journey of Grace Hopper, a naval officer who made pioneering contributions to the development of computer languages. Annie Easley is also an influential figure for me who had a critical role in NASA despite facing racial and gender barriers being an African American woman in STEM in the 1950s.

9. How do you envision using your computer science skills and knowledge in your future career?

Computer Science skills will likely play a core role in my future career as I'm aiming to go into software engineering, creating computer software to solve problems.

10. Finally, if you could share a piece of advice or an inspirational quote with other young women interested in pursuing Computer Science, what would it be?

As Grace Hopper said, "Go ahead and do it. You can apologise later". This resonates with me because I don't think you should ever hesitate in pursuing the career that you want, especially if people say otherwise.

A huge thank you to Louise for taking the time out of her day to give us an insight into her Computer Science experiences. Her story showcases the rewarding possibilities within the field and encourages other young women to explore this dynamic and evolving area. We wish Louise the best of luck in her upcoming year and the exciting future she has ahead of her

- Mrs Howes, Curriculum Area Leader of Computer Science & E-Safety Lead

Art

Galleries Visit

This month, as part of the A level Art and Photography courses, we arranged a trip to the Liverpool Galleries for a group of our Year 12 students. They had the opportunity to visit exhibitions at the Tate and Walker Art Galleries, as a valuable element for their Component 1 coursework. Also included in the day was a visit to the unmissable 'Beyond Van Gogh Exhibition' on Liverpool's waterfront, an immersive experience where the students could experience Van Gogh's work coming to life, flowing across multiple surfaces.

"I loved going to the galleries. The Van Gogh experience was amazing and immersive, helping me with my art, as I feel like it inspired me to become more creative in what I have been working on." - Mel Huxley, Year 12.



Taster Sessions

As part of the Sixth Form experience for the new cohort coming in September, the Art Department held a session for pupils, exploring the cyanotype printing technique with some excellent results. They thoroughly enjoyed themselves and cannot wait to join us in the Sixth Form in September with all the exciting things that we have planned!

Local primary school children also attended a taster session, making colourful dreamcatchers, learning about radial design and Native American culture.



Criminology students take on Liverpool Crown Court

Our Criminology students recently had the extraordinary opportunity to immerse themselves in the judicial process at Liverpool Crown Court. This unforgettable experience allowed them to gain valuable first-hand insights into the intricate workings of the criminal justice system.

Throughout the day, the students were engrossed in observing a diverse array of court hearings, ranging from cases of assault to the most serious of crimes, providing them with a deep understanding of the multifaceted nature of criminal cases and trial procedures.

The visit was not merely a passive observation; it was a captivating educational expedition into the heart of the legal system. Students had the privilege of closely understanding the distinct roles and responsibilities of the personnel involved in criminal investigations and trials, from the dignified judges to the articulate barristers and dedicated court clerks. This immersive experience brought to life their theoretical studies, transforming their learning into a vivid and tangible reality.

Moreover, the students had the rare opportunity to witness the presentation of various types of evidence in court, from meticulous forensic analyses to compelling eyewitness testimonies. The intricate dance of introducing, challenging, and evaluating evidence in a court of law was laid bare before them, emphasizing the paramount importance of comprehensive investigation and proficient evidence handling.

The diversity of cases observed furnished the students with an enriched perspective on the breadth of criminal activities that come under the purview of the legal system. From the gravity of violent offenses to the intricate legal complexities, the students were able to glean a truly comprehensive understanding of the nuances embedded within criminological concepts.

In summary, the day at Liverpool Crown Court was an exceptional and enriching educational journey for our criminology students. It served as a bridge between theoretical learning and practical application, equipping them with a profound and multi-layered understanding of the judicial process and the complexities inherent in criminal law. Undoubtedly, this experience is poised to play a pivotal role in their academic and professional development, fostering an enduring and deeply practical comprehension of the criminal justice system.

- Mrs Povey



Southport
Learning
Trust

