

Type of illness	NHS recommended period to be kept away from school	NHS further advice/comments
Diarrhoea or vomiting	24-48 hours since last episode.	This may vary in each case, please contact school for further advice.
Flu	Until recovered.	
Whooping cough	Five days from commencement of antibiotics or 21 days from onset if no antibiotic treatment.	After treatment non-infectious coughing may continue for many weeks. Vaccination is available.
Conjunctivitis	None.	
Head lice	None if the hair has been treated.	Recommend use of proprietary hair conditioner combed through the hair with a nit comb.
Mumps	Five days from onset of swelling (vaccination).	Mumps in teenage children can cause other serious medical complications.
Thread worms	None.	Treatment is required for the child and household contacts.
Tonsillitis	None.	There are many causes, most are due to viruses and do not need antibiotics.
Chicken pox	Five days from onset of rash or until spots are crusted over – common March to May.	Chicken pox can effect pregnant women if they have not already had the infection – please call school.
Cold sores	None.	Avoid contact with the sores.
German measles	Five days from the onset of rash can be vaccinated against.	If pregnant women or children under 13 months come into contact with German measles they should inform their GP immediately. Please call school.
Hand, foot and mouth	None.	
Impetigo	Until lesions are crusted and healed or 48 hours after starting antibiotics.	Antibiotics can speed the healing process and reduce the infectious period.
Measles	Four days from the onset of rash.	If a pregnant woman comes into contact with German measles she should inform her GP immediately. Please call school.
Slapped cheek	None – most cases are caught late winter – early spring.	Pregnant women, people with weak immune systems or blood disorders who come into contact with Slapped cheek should contact their GP. Please call school.
Warts and verrucae	None.	Verrucae should be covered in swimming pools, gyms and changing rooms.

For more advice visit please: www.nhs.uk/Livewell/Yourchildatschool/Pages/Illness.aspx.